



BARCLAYS LIFE SKILLS

Barclays have a life skills website that supports people with things such as employability skills as well as financial things which of course we would associate with them. At school we often use like skills resource as part of our year 10 Work Related learning Week and have found the resources very useful and informative.

During the Covid -19 pandemic the life skills site has been expanded and now features a 'family hub' which contains sessions that parents and carers can access at home with children.

<https://barclayslifeskills.com/families/home-learning-employability-skills/>

In the employability skills section, you will find sessions relating to:

- Learning styles and transferable skills
- Top tips for communication
- The enterprising ingredient of creativity
- Problem solving in practice
- Encourage your young person to spin the wheel of strengths
- Several activities relating to CV's
- 'Virtual' interview practice

There is also a young person's hub which students can explore for themselves as it is important even in this time of uncertainty to keep building skills and prepare for the future. Below is a list of interactive tools which are suitable for students 14+ to use now on their own, with family or other support. (Students do need to register on the site to access the resources fully).

<https://barclayslifeskills.com/young-people/>

Examples of activities include:

- Smarten up your CV
- Problem solving skills
- Develop skills for the future workplace
- 8 ways to stay safe online
- What is phishing
- Everything you need to avoid Freezing at an interview
- Get virtual work experience